

ADVANCED TECHNIQUES OF
DR. CLARK'S PROTOCOLS

ILLUSTRATIVE BOOKLET
PLATE-ZAPPING

First edition September 2014
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DR HULDA CLARK

Dr, Hulda Clark, famous worldwide for her research on parasites and her device the zapper, was an out-of-the-box thinker and was very knowledgeable in the topics of biology, botany, zoology, physiology, biophysics and anatomy.

She had a very inquisitorial mind and her scientific pioneer spirit lead to her inventions even though her discoveries started quite accidentally.



THE ZAPPER

Dr. Clark's knowledge and passion for the radio led her to understand that the human body transmits electrically, just like a radio station, but over a wide range of frequencies but at very low voltages and that also micro organisms transmit in this way.

Every living animal and every cell type produces its own frequencies and responds to these frequencies as well, therefore Dr. Clark asked herself: "What would happen if I would insert the frequency of a parasite into the body"?



She tried on herself the frequencies of salmonella, giardia and herpes and noticed that after 3 minutes of "zapping" the frequencies did not resonate anymore. At the beginning Dr. Clark used a frequency generator. This way she "selectively electrocuted" one pathogen after another. First she tested for the presence of the pathogen, and then she would zap its frequency for 3 minutes each.

This is how she invented her ZAPPER that is now known worldwide. The ZAPPER, the most promising of her discoveries, is the use of electric current at a low voltage with square wave and positive offset.

This current is very effective because it kills small invaders such as parasites, bacteria, viruses, etc and stimulates our immune system by energizing our white blood cells to hunt and kill the invaders on their own.

The zapper connected to two plates was invented by Dr. Clark initially to more quickly “electrocute” the parasites and pathogens, that cause disease in sick and depressed organs.

The frequency sample of the organ is put on the plate which acts as a "navigational map". The frequency of the parasite or pathogen on the other plate is transported with an amplified voltage to the pathogen in the organ and electrocutes it.

Without the organ frequency as a guide, the increased pathogen frequency will go to all matches in the body for that pathogen and be so diluted as to be only minimally effective with a short term plate-zapping treatment.

Dr. Clark had realized that to zap pathogens through the plates was not so beneficial because of this dilution of power and determined it would be much more effective to concentrate all the current to ONE organ. With this targeted action, there are no dispersions of energy and the organ gets cleaned out of parasites, pathogens, and their sustenance such as heavy metals, solvents, south polarization and a lot more.

Working with one organ at a time clears it of everything and gives it its correct frequency and polarization.



WHAT PLATE-ZAPPING DOES



The plate-zapper reaches a specific organ electrically.

By putting a frequency sample of an organ on the plate and connecting the plate-zapper to the user and to the zapper through cables, the white blood cells of this organ will be instantly energized, strengthening them to the point that they will eliminate pathogens, metals, solvents and a lot more.

If they've been overworked, the white blood cells, when strengthened regularly, will release into the urine the toxins they picked up and will be able to continue their work with renewed vigor.

WHAT IS THE PLATE-ZAPPER USED FOR

The plate-zapper cleans out the frequency sample of the organ that is put on the plate. Parasites, bacteria, viruses, heavy metals and a lot more is removed, while giving the organ its correct frequency range and a north polarization.

However, before putting the frequency sample of the organ on the plate-zapper, one must zap the vascular and lymphatic system. This is done with the “Basic set” or alternatively, by separately doing regular zapping for an hour before commencing plate-zapping.

While zapping the sample of the organ on the plate, one must also continue to zap the vascular and lymphatic system put on the other plate. The purpose of this is to eliminate parasite eggs and toxins, which are released by the organ being zapped and end up in the circulatory system.

In order to ensure good functioning of the body’s elimination system during plate-zapping as described above, digestive enzymes are indispensable. Digestive Enzymes “digest” parts of parasites as they break apart and other toxins released by the organ. This “digestive action” will prevent the kidneys from clogging up and also assist by providing additional feeding to the white blood cells.

So that the KIDNEYS remain clean at all times, one or all of the following treatments can be used:

- Kidney cleanse
- Platezap the left and right kidney
- Homeographic drops of kidneys and lymph (explained in the homeography illustrative booklet)

The WHITE BLOOD CELLS are fed by taking 3 supplements together:
Rose hip – Hydrangea - Selenium

DIGESTIVE ENZYMES: 15 capsules for every 4 hours of zapping

WHAT YOU NEED TO PLATE-ZAP

Plate-zapper



Zapper



Black and red plate-zapping cables



Pair of carbon handles



Bottlecopies of the vascular and lymphathic system and specific organs or slides.



Electronic components:

pF- picofarad (shaped as a hairpin), uH- microhenry (straight pin).

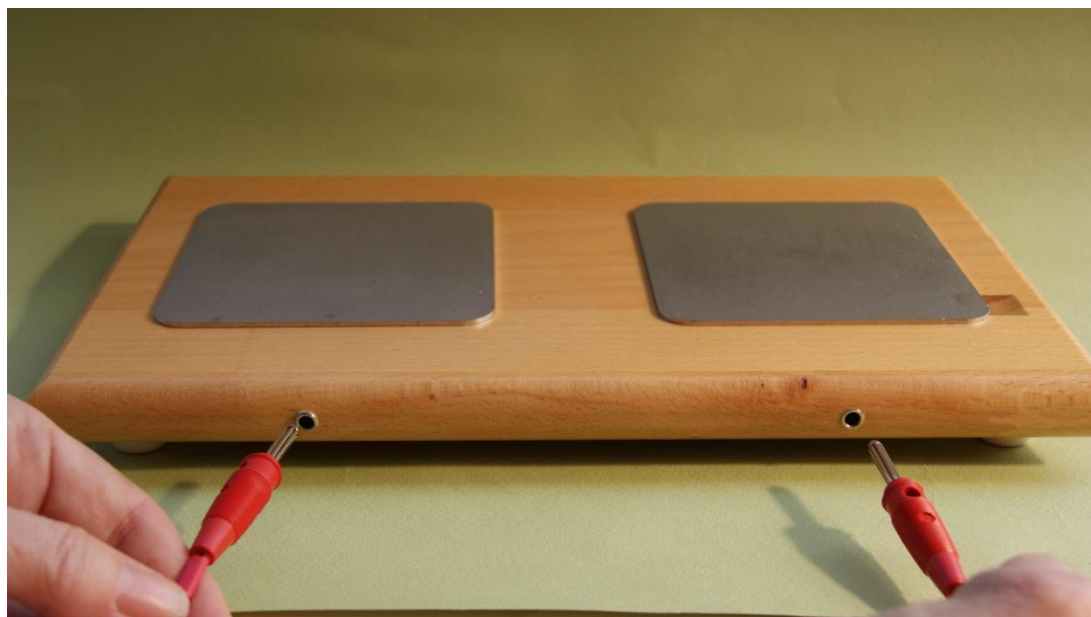
pF gives preference to the right organ or the right



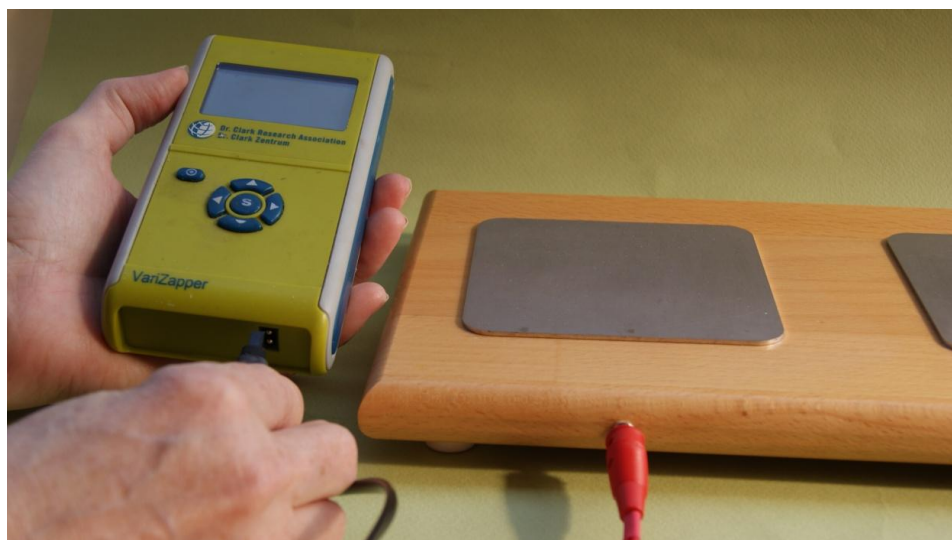
part of the organ. uH gives preference to the left organ or the left part of the organ.

CONNECTING THE PLATE-ZAPPER

Insert the two red cables into the right and left inputs of the plate zapper.



Plug goes into the zapper.



Connect the red terminal to a carbon handle and the black terminal to the other carbon handle.



The carbon handles go preferably under your naked feet.
(They do not need to be wet)



BASIC SET

Start each day with the BASIC SET or an hour of regular zapping. Each plate-zapping session lasts 20 minutes. Four plate-zapping sessions form the basic set, therefore the basic set will take 1 hour 20 minutes.

The bottlecopies for the basic set are: blood, WBCs (white blood cells), "A" (arteries, veins and nerves), "L" (lymphatic vessels and veins), lymph, CSF (cerebrospinal fluid)



Basic set:

Left plate	Right plate
Blood	WBCs
Lymph	"A" + 1 pF
"L"	"A" + 1 uH
"L" + 1uH	CSF

"A" means arteries, nerves and veins

"L" means lymphatic vessels and veins

CSF means cerebrospinal fluid (the lymph that bathe the brain)

WBCs means the white blood cells

Ensure all connection are secure, turn the zapper on and do the following:

1st session - 20 minutes



2nd session - 20 minutes



3rd session - 20 minutes



4th session - 20 minutes



THE BASIC SET CLEANS OUT THE VASCULAR AND LYMPHATIC SYSTEM. PARASITE EGGS AND OTHER TOXINS THAT END UP IN THE VASCULAR AND LYMPHATIC SYSTEM WILL BE PROMPTLY ELIMINATED. YOU CAN REPLACE THE BASIC SET WITH AN HOUR OF REGULAR ZAPPING. "CAUTION" IF A ZAPPER DIFFERENT FROM THE ILLUSTRATION IS BEING USED, BE SURE TO CHECK THE BATTERY'S OUTPUT VOLTAGE TO ENSURE IT DOES NOT DROP BELOW 9 VOLTS.

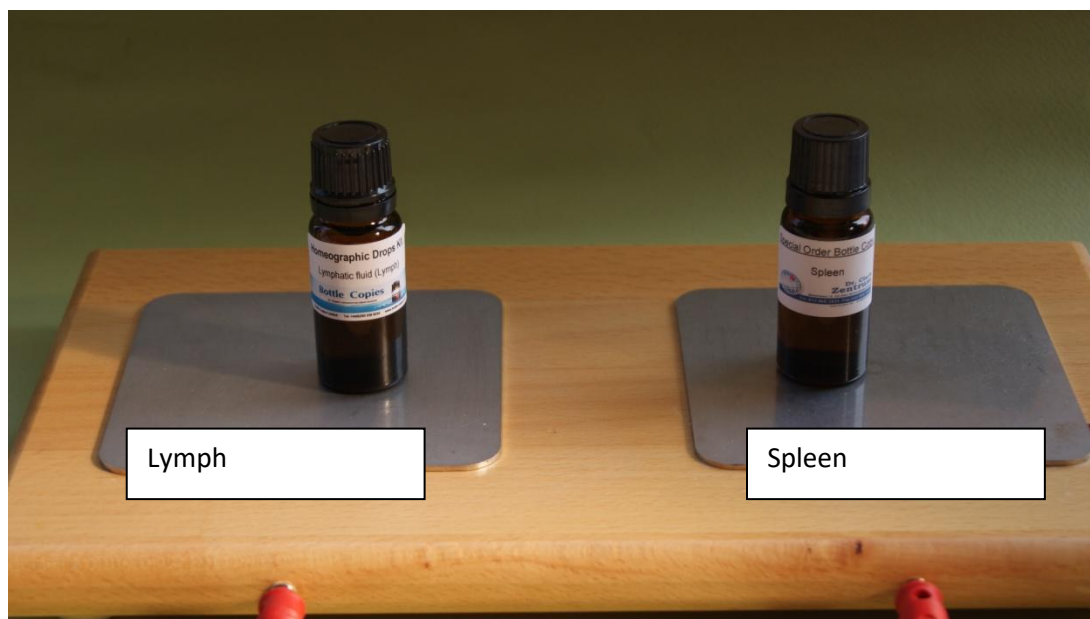
PLATE-ZAPPING AN ORGAN

To plate-zap an organ, for convenience, we will put the frequency bottlecopy of the organ on the right plate. On the left plate we will alternate the various parts of the vascular and lymphatic system. Alternating the bottlecopies of the body fluids on the left plate eliminates parasite eggs that are released from the frequency sample of the organ on the right plate that end up in the vascular and lymphatic system.

Turn the zapper on which is connected to the plates and follow the illustrated photos here below. Remember it is important the battery's output remain above 9 volts.

1st session - 20 minutes

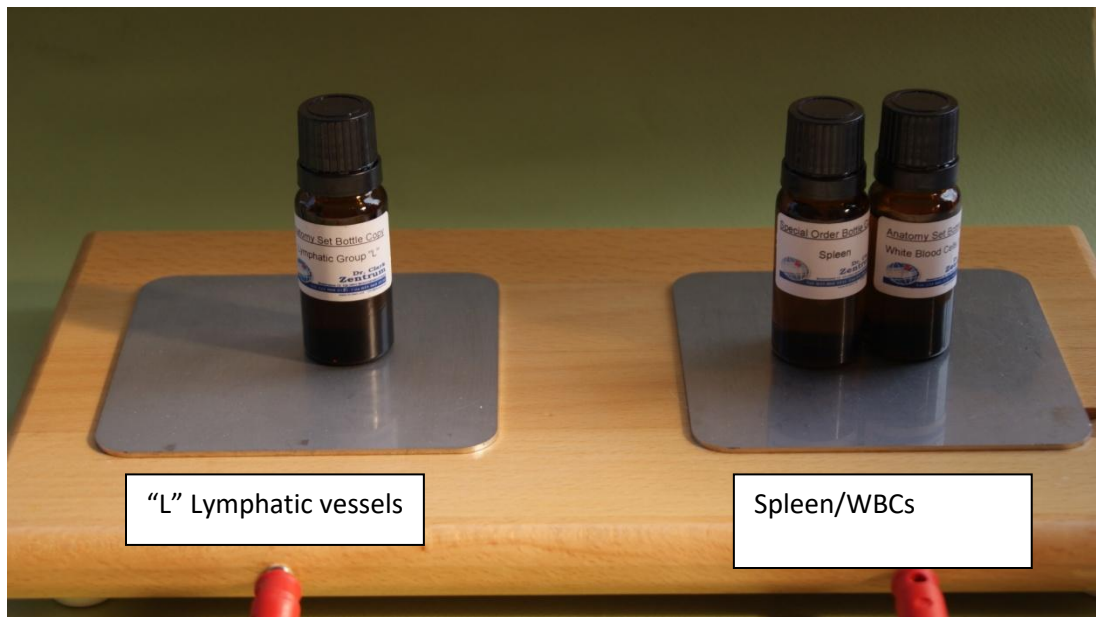
During the first session of 20 minutes, the spleen is being plate-zapped while on the left plate the lymph is being cleaned out.



2nd session - 20 minutes

In the next session of 20 minutes, we have the lymphatic vessels on the left plate and on the right plate the spleen that touches the white blood cells (when they touch it is symbolized with “/”). When they touch they become one site. Therefore in this session, we are cleaning out the lymphatic vessels

on a systemic level, while we are cleaning and energizing the white blood cells of the spleen.



3rd session - 20 minutes

In the third session of 20 minutes, on the left plate we have the CSF (cerebro spinal fluid) and on the right plate the spleen that touches/ the lymphatic vessels "L". By touching, they become one site. Therefore in this session, we are plate-zapping the CSF on a systemic level on the left plate, while we plate-zap the lymphatic vessels "L" of the spleen.



4th session - 20 minutes

In the fourth and last session of 20 minutes, you find the sample of blood on the left plate and it gets plate-zapped on a systemic level, while the arteries, veins and nerves “A” of the spleen get plate-zapped on the right plate.



To plate-zap an organ you need 1 hour 20 minutes. If the organ is large such as the left kidney and right kidney, unless you are working with bottle copies of the left or right kidney, you put the pF (picofarad) on the plate with the kidney bottle copy when you work with the right organ and uH (micro henry) when you work with the left organ. You put these electronic components (pF or uH) on the same plate as the organ without touching the bottlecopy and without falling off the edge.

For bigger organs such as the liver, one must work with several pF (picofarad) and uH (micro henry). Remember, each plate-zapping session will require 1 hour 20 minutes and when the organ is large such as the kidneys and liver, significant time will be required since each section of the organ must receive the full treatment.

PLATE-ZAPPING A TUMOR

The tumor does not have the same frequency pattern as the organ that contains it. To identify the tumor with plate-zapping, one must add tricalcium phosphate to the organ because nearly all cancerous cells have tricalcium phosphate deposited in and around them.

To select the tumorous cells to plate-zap, the bottlecopy of the frequency sample of the organ will touch the bottlecopy of the frequency sample of tricalcium phosphate.

Therefore, after having plate-zapped the organ containing the tumor, as described aforehand, which is:

- 20 minutes organ alone
- 20 minutes organ/WBCs
- 20 minutes organ/"L" (lymphatic vessels)
- 20 minutes organ/"A" (arteries, nerves and veins)

Continue with:

- 20 minutes organ/tricalcium phosphate

*the symbol "/"(slash) means that the bottlecopies touch each other.

Before plate-zapping the tumor, it is vital to have carried out all the preceding steps recommended by Dr. Clark, so that the body is able to receive and eliminate promptly a further dose of toxic substances without clogging its excretory organs.

In order to do this, the user must have a source of clean water not containing laundry bleach, any teeth that are questionable according to Dr. Clark's protocols must be taken care of and one must have carried out various organ and parasite cleanses and have fed the white blood cells.

PLATE-ZAPPING THE LIVER

The liver is our biggest organ. It is responsible for more functions than any other organ and is therefore in contact with many substances. It is the “meeting point” of many parasites because they find abundant nourishment in this organ to live and prosper.

It takes many hours to plate-zap the liver because we divide it into 10 parts. The 10 parts mentioned below do not need to be done all in one day.. the different parts of the liver are identified with one or more pF (picofarad) or uH (microhenry) .

NO.	LEFT PLATE	RIGHT PLATE
Part 1 Duration: 1:20 minutes	“L” “A” Lymph WBC	Liver Left/A Liver Left/L Liver Left/WBC Liver Left
Part 2 Duration: 1:20 minutes	Blood CSF “A” “L”	Liver Left /A + 1 pF Liver Left /L + 1 pF Liver Left /WBC + 1 pF Liver Left + 1 pF
Part 3 Duration: 1:20 minutes	“L” “A” Lymph WBC	Liver Left /A + 1 pF + 1 uH Liver Left /L + 1 pF + 1 uH Liver Left /WBC + 1 pF + 1 uH Liver Left + 1 pF + 1 uH
Part 4 Duration: 1:20 minutes	Blood CSF “A” “L”	Liver Left/A + 2 pF Liver Left/L + 2 pF Liver Left/WBC + 2 pF Liver Left + 2 pF
Part 5 Duration:	“L” “A” Lymph	Liver Left/A + 2 pF + 1 uH Liver Left/L + 2 pF + 1 uH Liver Left/WBC + 2 pF + 1 uH

1:20 minutes	WBC	Liver Left + 2 pF + 1 uH
Part 6 Duration: 1:20 minutes	Blood CSF “A” “L”	Liver Left/A + 3 pF Liver Left/L + 3 pF Liver Left/WBC + 3 pF Liver Left + 3 pF
Part 7 Duration: 1:20 minutes	“L” “A” Lymph WBC	Liver Left/A + 3 pF + 1 uH Liver Left/L + 3 pF + 1 uH Liver Left/WBC + 3 pF + 1 uH Liver Left + 3 pF + 1 uH
Part 8 Duration: 1:20 minutes	Blood CSF “A” “L”	Liver Left/A + 4 pF Liver Left/L + 4 pF Liver Left/WBC + 4 pF Liver Left + 4 pF
Part 9 Duration: 1:20 minutes	“L” “A” Lymph WBC	Liver Left/A + 4 pF + 1 uH Liver Left/L + 4 pF + 1 uH Liver Left/WBC + 4 pF + 1 uH Liver Left + 4 pF + 1 uH
Part 10 Duration: 1:20 minutes	Blood CSF “A” “L”	Liver Left/A/adipose + 4 pF + 1 uH Liver Left/L/adipose + 4 pF + 1 uH Liver Left/WBC/adipose + 4 pF + 1 uH Liver Left/Adipose + 4 pF + 1 uH

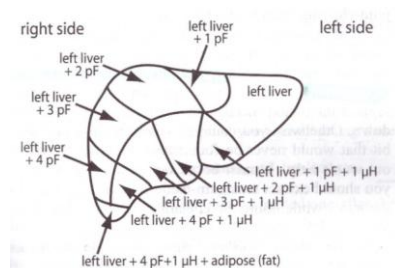
“/” means it touches

“A” means arteries, nerves and veins

“L” means lymphatic vessels and veins

“WBC” means white blood cells

uH + pF – electronic components that distinguish right organs from the left ones or the parts of an organ. If the organ is big such as the liver, you need to work with several pF and uH.



OTHER ORGANS TO PLATE-ZAP

The next organs to be plate-zapped are those of the digestive tract. You can do one a day. The majority of these do not have a right or left part. For the few that do have a left and right part, do two a day.

PARTS OF THE DIGESTIVE TRACT:

Appendix	Liver (described above)
Bile duct	Pancreas
Colon	Parotid gland
Duodenum	Rectum
Esophagus lower	Stomach cardiac area
Esophagus upper	Stomach fundic area
Esophagus junction with stomach	Stomach pyloric area
Gallbladder	Sublingual gland
Ileum	Submandibular gland
Jejunum	Submaxillary gland

Other organs to plate-zap:

Bladder, hypothalamus, pineal gland (are single organs)

and

Brain, kidneys, lungs, lymph nodes, breasts and pituitary gland (organ left and right)

Other problematic organs

OTHER POSSIBILITIES

- Plate-zap a specific organ to eliminate localized pain.
- Plate-zap a secretory organ to strengthen the action or regulation of the production of any substance produced by it (ex: neurotransmitter, hormone, etc).
- You can energize the white blood cells by placing its bottlecopy on the plate.
- Though not included in Dr. Clark's more recent protocols, it has been found that a pathogen in an organ can be plate-zapped by placing the bottlecopy of the frequency pattern of the pathogen on the left plate and the organ on the right plate. For example by placing the bottlecopy of the frequency pattern of ascaris on the left plate and the bottlecopy of the colon on the right plate, it will tackle this one parasite in only this organ.
it is however better to plate-zap an organ alone without indicating the pathogen, because in this way more pathogens will be attacked in this one organ at once.

BENEFITS OF PLATE-ZAPPING

- Dr. Clark had found that tiny amounts of lubricants used in manufacturing and packaging processes make their way into the foods we eat and personal care products we use. These lubricants, in turn, are used by pathogens as an insulation against the white blood cells which would otherwise attack and carry them away. Dr. Clark had found that those who are severely sick are often filled with lubricant insulators such as PCBs, benzene, motor oil and wheel bearing grease. Plate-zapping can overcome this obstacle.
- The white blood cells of the organ placed on the plate get instantly energized.
- Plate-zapping kills more completely than regular zapping for the fact that the current is focused on the sample organ placed on the plate. This organ will receive a north polarization, its correct frequency and is cleaned out of all toxins.

DISADVANTAGES OF PLATE-ZAPPING

- Only the organs/pathogens put on the plates get zapped
- More accessories are needed compared to regular zapping, where you only need a zapper
- One needs to be seated and depending on the organs that need to get plate-zapped, this can take many hours.
- The plate-zapping procedure with the bottlecopies can initially seem complex and complicated

FAQs

CAN ONLY A PARASITE OR PATHOGEN BE PLATE-ZAPPED?

Yes, but it is better to plate-zap an organ, because it will be cleaned out of everything including parasites and pathogens.

CAN ONE PLATE-ZAP TWO OR MORE ORGANS AT A TIME?

Yes, but it is not recommended, because the majority of the current will go only to one organ. Because the current is not divided equally this dispersive action greatly reduces the benefit of plate-zapping.

WHY SHOULD PLATE-ZAPPING BE DONE ONLY BY DAY?

The zapper gives a north polarization and a healthy body has a north polarization by day which switches to south polarization at night. By contrast Dr. Clark found that a sick person often has a reversed polarization, therefore it is advisable to regular zap or plate-zap only by day.

BENEFITS USING PLATE-ZAPPING COMPARED TO REGULAR ZAPPING?

During regular zapping the current passes mainly through the liquids of our circulatory system. Through the plates it is possible to direct and concentrate all the current on a specific organ.

Very sick are particularly full of insulators such as PCBs, benzene, motor oil and wheel bearing grease. These do not let the current pass well into the organ. Plate-zapping overcomes this obstacle.

WHY IS IT BETTER TO TAKE DIGESTIVE ENZYMES AFTER ZAPPING AND THE THREE SUPPLEMENTS THAT FEED THE WHITE BLOOD CELLS BEFORE ZAPPING?

- Take 15 digestive enzymes for every 4 hours of zapping to “digest” dead matter and the toxins that are not expelled by the body.
- Rose hip, hydrangea and selenium taken together, are the three ingredients that feed our white blood cells and make them functional so that they can do their hunting and killing job more efficiently.

KEEP IN MIND

- Plate-zap one organ at a time.
- When two or three bottlecopies (or slides) are needed to indicate a site, they must touch to create a single location, so that the current remains concentrated in this one location and does not disperse.
- Do not plate-zap at night
- A magnetic field can destroy the frequency information memorized in the bottlecopies. Keep bottlecopies at least 15 cm distant from cell phones, magnets, tvs, etc.
- Do not put the bottlecopies in direct sunlight
- Do not carry them in your pocket
- The frequency information of the bottlecopies mix with each other if they are touching, therefore work with copies and not with the originals. (Make copies with homeography)
- You should not use the zapper if you wear a pace-maker or are pregnant (these fields have not been investigated yet).
- For severe cases Dr. Clark suggested 8 hours of daily plate-zapping to reach and surpass the speed with which the sickness can migrate within the body.

For further questions regarding how to plate-zap, read Dr. Clark's book: "The Cure and Prevention of all Cancers" or contact info@drclark.net.